

JKA STAGE BRUSSEL NOV 2024

(08 / NOV) Friday PM: 17:00-18:30

Black + 1 + 2 + 3 kyu ☆	4 + 5 + 6Kyu	☆	7+8+9 Kyu + Children
L-3	L-2	L-1	
KURIHARA ☆	KLAAS ☆	☆	SAWADA
Kihon + jjon	Kihon + B-D + Bunkai		Kihon + kumite

(08 / NOV) Friday PM: 18:45-20:00

KURIHARA	KURIHARA ☆	ISLER
H-4 + Kanku Dai+ Syo +Ohyo		H- 1+2+3+bunkai

(09 / NOV) Saturday AM: 10:00-11:30

Up to Shodan ☆	1+ 2 + 3 kyu ☆	☆	4+5+6+7+8 Kyu ☆	☆	0 Ky+Children
L-2+3	L-1	L-4	L-5+6		
KURIHARA ☆	DE TROCH ☆	☆	DEBROUX ☆	☆	SAWADA
Kihon + Gankaku	Kihon + Kumite	Kihon + kumite			Kihon +Kumite

(09 / NOV) Saturday PM: 13:00-14:30

Up to Shodan	1+2+3+4+5 Kyu		6+7+8+9 Kyu + Children
L-1+ 2+3	L-4		L-5+6
GNEO ☆	☆	KURIHARA ☆	RIZZO ☆
Kihon + Jitte+jiin	Hangetu + Bunkai		Kihon + H-4+5+Ohyo

(10 / NOV) Sunday AM: 10:00-11:30

Black + 1 kyu	2+3+4+5+ 6Kyu		7+8+9 Kyu + Children
L- 1+2+3	L-4		L-5+6
KURIHARA	J-P MEERT		SAWADA
Sochin + Ohyo	Kihon + Empi+ Bunkai		Kihon + kumite

(10 / NOV) Sunday PM: 13:00-14:30

Black + 1 + 2 + 3 kyu	4 + 5 + 6Kyu		7+8+9 Kyu + Children
L-1+2+3	L-4		L-5+6
KURIHARA	SAWADA		J-P MEERT
Kata repeat + Self-defence	T- 1+ 2 + Bunkai		Kihon + kumite